

# Top Strengths Bingo

Thriving Learning Communities™: Top Strengths Tuesday

Check out the 24 strengths chart on the next page and highlight your 5 top strengths. Remember your top strengths are ones that feel **energizing**, **effortless**, and **easy to use**.

After you identify your top strengths, highlight them on the bingo card below. Talk to other people in your home about their top 5 strengths. Add their strengths to your bingo card until you have 5 in a row horizontally, vertically or diagonally. Play along with others in your house to see who can get bingo first! Use your creativity to print or draw your own bingo card!

|   |  |  |   |   |
|---|--|--|---|---|
| <b>Appreciation of Beauty and Excellence</b><br>(Awe, wonder) | <b>Bravery</b><br>(Speaks up for what's right)           | <b>Teamwork</b><br>(Loyal, works well with others)           | <b>Love</b><br>(Compassionate)  | <b>Forgiveness</b><br>(Doesn't hold grudges)                      |
| <b>Curiosity</b><br>(Asks questions, explores)                | <b>Humility</b><br>(Focuses on others)                   | <b>Perseverance</b><br>(Sticks to tasks; overcomes barriers) | <b>Hope</b><br>(Positive outlook, expects the best)                       | <b>Kindness</b><br>(Caring, generous)                             |
| <b>Creativity</b><br>(Inventive, has unique ideas)            | <b>Gratitude</b><br>(Thankful, feels blessed)            | <b>WE HAVE ALL 24! FREE SPACE</b>                            | <b>Fairness</b><br>(Cares about what's right)                             | <b>Sense of Meaning</b><br>(Sense of purpose, strong beliefs)     |
| <b>Perspective</b><br>(Wise, gives good advice)               | <b>Humor</b><br>(Playful, sees the funny side of things) | <b>Honesty</b><br>(Truthful, genuine)                        | <b>Social Intelligence</b><br>(Understands others' thoughts and emotions) | <b>Prudence</b><br>(Careful, practical)                           |
| <b>Judgment</b><br>(Critical thinker, open-minded)            | <b>Zest</b><br>(Active, energized)                       | <b>Leadership</b><br>(Encourages others, organizes groups)   | <b>Self-control</b><br>(Disciplined, manages thoughts and feelings)       | <b>Love of Learning</b><br>(Enjoys building knowledge and skills) |

© 2004-2020 VIA Institute on Character. All rights reserved. Used with permission.

We can use all our 24 strengths to thrive! Use these weekly reminders to practice spotting strengths and flexing your unique combination of character strengths!

For additional social-emotional learning activities through the lens of character strengths, visit:

<http://bit.ly/TLCathome>

# 24

character strengths

